THE TOP 10'S DINING DOS AND DON'T

The Top Dining Don’ts

• Don’t overload your plate.
• Don’t overload the fork.
• Don’t mop your face with your napkin.
• Don’t spread your elbows when cutting meat. Keep them close to your sides when eating.
• Don’t chew with your mouth open.
• Don’t saw the meat in a back and forth motion. Stoke it toward you.
• Don’t smack your lips. Eat very quietly.
• Don’t push your plate away from you when you’ve finished eating.
• Don’t gesture with your knife, fork, or spoon in your hand. If you’re not using the utensil put it down.
• Don’t eat your neighbor’s bread.

The Top Dining Dos

• Do try a little of everything served to you unless you know you’re allergic to a certain food.
• Do avoid talking with your mouth full.
• Do take small bites.
• Do remove an object such as a bone or gristle from your mouth with your thumb and index finger and place it on the rim of your plate.
• Do butter bread on the plate, never in midair.
• Do take a quick sip of water if a bite of food is too hot.
• Do wait until you have swallowed your food in your mouth before you take a sip of your beverage.
• Do leave dropped silver on the floor. Quietly signal the wait staff to bring another piece.
• Do look into, not over the cup or glass when drinking.
• Do remember the proper table manners.

REMEMBER FIRST IMPRESSIONS ARE LASTING IMPRESSIONS

Leanne Pepper